

Jesuit Social Services works to build a just society by advocating for social change and promoting the health and wellbeing of disadvantaged young people, families and communities.

months ago I was coming to the centre just
every day working on the court yard development and
one notice I was keen on making a change and
k into the work force. I was approached by someone
d me ago in the Cabinet Making field and
partnership I've always liked
b now I

Our mission

Standing in solidarity with those in need
Expressing a faith that promotes justice

Our values

- **Welcoming** – forming strong, faithful relationships
- **Discerning** – being strategic about how we can have the greatest impact
- **Courageous** – standing up boldly to effect change.

Building relationships is the heart of our work.

In all our services our goal is to enable people to connect with others so they can take an active part in the community.

Only when people form relationships can they become to trust again. When they trust, they may imagine new possibilities and pursue them.

We don't give up on people.

Your support

As an independent voice for causes that are sometimes unpopular, Jesuit Social Services relies on support from the community.

You can help us build a just society by funding a program, making a donation or joining our Community Partner program. All contributions are tax deductible.

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Support After Suicide is funded by the Department of Health and Ageing under the National Suicide Prevention Strategy.

SUPPORT AFTER SUICIDE

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Jesuit Social Services is a work of the Australian Jesuit Province operating under an independent Board of Directors as an incorporated organisation.



Support After Suicide

Free professional support for those bereaved by suicide

What Support After Suicide offers

Learn more about Support After Suicide and access information sheets, resources and links at our website
www.supportaftersuicide.org.au

Support After Suicide is a bereavement support program developed specifically for those bereaved by suicide.

We offer support in a range of ways:

- **information and resources**
- **counselling and**
- **group programs to people bereaved as a result of suicide.**

Information Sheets

Support After Suicide has developed a range of relevant and useful Information Sheets. Topics include: What is Grief?, Suicide and Grief, Understanding Suicide, Responding to Trauma and Communicating with Children.

These are available from our office and also from the website:

www.supportaftersuicide.org.au

For the bereaved

Counselling

The staff at Support After Suicide have extensive experience in responding to the issues and experience of people bereaved by suicide.

We see children, young adults and adults individually or together for counselling.

Our services are free of charge and we are located in Richmond. We also have the capacity to meet with people in:

- Lalor
- Dandenong
- Ferntree Gully
- Little Collins Street Melbourne.

Group programs

Some people benefit from getting together in a group setting with other people bereaved by suicide. This is another valuable way to gain information and support.

We conduct a number of groups each year - for those recently bereaved, longer-term bereaved, for children and young people.

We also conduct a parent support program for parents and carers who find themselves bringing up children following a suicide.

For professionals

Support After Suicide provides a range of services to health, welfare and education professionals. These services include:

- Education and training
- Secondary consultation
- Information, resources and referral options.

The education and training we provide can focus on a range of topics including current bereavement theory, the unique issues and experiences of those bereaved by suicide, including children and young people and providing effective support.

We are also able to provide resources and education to professionals who would like to set up a support group for people bereaved by suicide.

These education and training services are available across Victoria.

Immediate crisis support

If you require crisis support the following telephone support lines are available:

Suiceline	1300 651 251
Griefline	9596 7799 (12pm - 3am)
Lifeline	13 11 14