

Support After Suicide



CONVERSATIONS

Many parents and carers face particular challenges in raising and caring for children bereaved by suicide whilst themselves struggling with their own bereavement. You are invited to a 6 week support group where conversations focus on the challenges and rewards of raising children and young people following a suicide.

Participants have the opportunity to:

- ◆ Share parenting experiences and learn from one another
- ◆ Increase your understanding of the behaviour of children and young people in relation to developmental stages and the impact of grief and trauma
- ◆ Gain a greater understanding of the impact of suicide bereavement on children, young people and family relationships
- ◆ Develop new parenting strategies to incorporate into everyday life

When: 7.00pm-9.00pm, 6 weekday evenings
October/November 2010 (dates yet to be confirmed)

Where: Support After Suicide, Richmond

Facilitators: Louise Flynn (Counsellor, Group Facilitator)
Pat Jewell (Parenting Group Facilitator)

For more information or to register your interest in this group please contact Louise Flynn at Support After Suicide.

SUPPORT After Suicide

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